



TILT TABLE TEST

Why is it done?

A tilt table test is used to evaluate the cause of unexplained fainting (syncope), dizziness and POTs.

Your doctor uses this information to determine the cause of symptoms such as light-headedness and fainting spells, to develop the best treatment plan for you.


How to Prepare:

- ✔ Wear comfortable clothes
- ✔ Please do not eat or drink 4 hours prior to testing
- ✔ You can take your medications as usual, unless your doctor tells you otherwise

After the Test:

- ✔ You may develop symptoms like a headache and nausea afterward
- ✔ The symptoms will go away after a couple of hours

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